

AL - ANON & ALATEEN HAPPENINGS

October – December 2021

AL-ANON Family Group Intergroup Service Northeastern Oklahoma District

*****Board Members Needed for 2022*****

Have you ever considered service work for Al-Anon, then we have an opportunity for you. Qualifications for a position on the board include being a member of Al-Anon for 3+ years and a willingness to attend monthly board meetings held on the 2nd Saturday of the month. Meetings rarely go over an hour; unless we're laughing and having too much fun! Board descriptions and applications can be found on the website. [ISOBoardApp04152019.pdf](#) ([tulsa.iso.org](#)). Contact Lauree' at the office or any board member for more information: Malley S., Albert M., Ginny S., Nancy C., Meg V., Trena T., Madeleine P., Kristin G. or Terry M.



2021 Fall into Recovery Workshop – Via Zoom

- Sunday, December 12th – 2:00pm – 4:00pm
- Cost is \$10.00
- Tulsa ISO fundraiser, hosted by Districts 2, 3, 4, & 7
- Registration and information can be found by clicking the following link [2021-Fall-Into-Recovery-Oct-Update-10-6-21-.docx](#) ([live.com](#))

Quarterly Speaker Meeting

- Saturday, November 6th
 - ❖ Fellowship 12:00pm
 - ❖ Speaker 1:00pm – Deanna H. (Sapulpa Serenity AFG)
- A picnic lunch will be available for \$5.00 to benefit the ISO
- The ISR meeting will immediately follow the Quarterly Meeting.

Monthly Saturday Speaker Meetings

- November 20th hosted by Solo por Hoy
 - ❖ Speaker will be Veronica
 - ❖ Meeting will be in-person and Zoom
 - ❖ Feel free to bring your own snacks and beverages
 - ❖ There will be raffle baskets to support the ISO
- December monthly speaker meeting will be held Saturday, December 18th. More information to come.

The Quarterly and Monthly speaker meetings are held at Church of the Madalene, 22nd & Harvard, Tulsa. Zoom information for these meetings can be found on the ISO website [Online Meetings Area News - Tulsa AFG ISO \(tulsaiso.org\)](https://www.tulsaiso.org).

2022 is only a few months away. If your group would like to host any of the Quarterly or Monthly Speaker Meetings, please let your ISR know.

“When I take time for gratitude, I perceive a better world. Today I will appreciate the miracles all around me.” Courage to Change (B-16), p.282

Gratitude Dinner will be held on Saturday January 15, 2022

- *Raffle tickets are on sale now, \$1.00 per ticket*
 - *50% of the money raised from the sale of the raffle tickets go to one lucky winner and 50% will go to the ISO*
 - *You do not need to be present to win*
 - *Raffle tickets are available from your ISR or via the **Venmo App, @AFGISOTulsa***
- *For more can be found on the ISO website [50.50-tickets-for-2022.docx \(live.com\)](#)*
- *More information to come*



48th Annual Fall Serenity Celebration Al-Anon & Alateen Convention was held in the beginning of October and was enjoyed by many. **Thank you** to all who made this such a wonderful time. Here is what some had to say:

“The setting on the lake is serene and relaxing. The conference itself is well organized and not rushed. I would have to say that my favorite part is meeting with and making friends and hearing the experience, strength, and hope of others, whether it be through a speaker or the meetings that we have. I always leave feeling stronger and this year was no exception.”

“With everything going on in our world right now, what a great decision it was for me to get away and focus on my recovery along with some of my Al-Anon family. It was such an honor to serve alongside others who have gone before me and have learned so much about serenity and keeping life in its true perspective. There is definitely an easier and gentler way to live and I thank you all for this gift. I’ll be back next year. “

“Speakers were awesome, fellowship was amazing, Sequoyah State Park was a spiritually amazing location, and you could just sit outside and watch God rise in the morning!!!”

<i>OFFICE STATS</i>	<i>July</i>	<i>August</i>	<i>September</i>
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Phone calls	117	99	86
Visitors	124	64	67
New Comer Packets	64	34	39

DONATIONS

Individual	\$ 611.67	\$ 617.75	\$ 259.25
Group	\$ 823.00	\$ 892.17	\$ 921.87
Monthly Speaker Meeting	\$ 87.00	\$ 0.00	\$ 116.50
Quarterly Speaker Meeting	\$ 0.00	\$ 56.50	\$ 0.00
District	\$ 0.00	\$ 0.00	\$ 0.00
Anonymous	\$ 2.00	\$ 0.49	\$ 0.00
Total:	\$1,523.67	\$1,566.91	\$ 1,297.62

FUND RAISERS

	\$ 0.00	\$ 0.00	\$ 0.00
Fall into Recovery	\$ 0.00	\$ 0.00	\$ 10.00
Fall Fling	\$ 0.00	\$ 0.00	\$ 522.00
Total:	\$ 0.00	\$ 0.00	\$ 532.00


GRAND TOTAL **\$1,523.67** **\$1,566.91** **\$5,161.73**

Thank you for your generous contributions! The ISO is very appreciative of your support and kindness.

Al-Anon Declaration

Let It Begin with Me

When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen
always be there, and — *Let It Begin with Me.*



Al-Anon Family Groups ®
hope for families & friends of alcoholics