

**TULSA MEETINGS—Please call the office,  
918-627-9114, to confirm the meeting info is  
current before you go. :-)**

**Monday**

- 9:30 am BRIARWOOD—HYBRID**  
Southminster Presbyterian  
3500 S. Peoria 2nd floor  
Enter S. Door,  
9:30a (SS, T, BC)  
10:30-11:30a (D)  
See "OnLine Meetings" tab on website
- 12:00 pm DOWNTOWN AI-ANON**  
Zoom ID: 353-848-9291  
No PW  
12:00-1:00p (OM)
- 6:30 pm Valor para Cambiar**  
See "Online Meetings" tab on website
- 7:30 pm Sooner—HYBRID**  
Fellowship Congregational Church  
2900 S. Harvard  
See "Online Meetings" tab on website
- 7:30 pm Going to Any Lengths Al-Anon**  
Sheridan 21 Center  
6540 E.21st St., Suite F  
(Just S. of Direct TV in  
Sheridan 21 Center) (CM)

**Tuesday**

- 12:00 pm DOWNTOWN AI-ANON**  
700 S. Boston, Room 308  
Bernsen Community Center  
1st Presbyterian Church  
12:00-1:00p (OM)
- 6:00 pm New Hope**  
See "Online Meetings" tab on website  
(SS, D, T, \*AA)
- 7:00 pm Original Westside**  
Fellowship Lutheran Church  
6727 S. Sheridan  
Speaker Last Tuesday  
(SS, D, OM, \*AA)
- 7:00 pm Paths to Recovery - HYBRID**  
Intergroup Service Office  
4833 S. Sheridan, Bldg. 4845, Ste. 414  
Open Speaker Meeting Last Tuesday  
See "Online Meeting" tab on website  
(\*AA)
- 7:30 pm Desire AFG**  
Simple Church  
5900 S. Union-Tulsa  
(\*AA)

**Wednesday**

- 10:00 am Wed. Daytime Step Study**  
Hope Unitarian Church  
8432 S. Sheridan  
(Log Cabin)  
10-11:30am (SS, D, T)
- 12 pm DOWNTOWN AI-ANON**  
Zoom ID: 353-848-9291  
No PW  
12:00-1:00pm (OM)
- 12 pm Faith-AFG (CM)**  
Intergroup Service Office  
4833 S. Sheridan, Bldg. 4845, Ste. 414
- 6:30 pm Esperanza Para Hoy**  
Spanish Speaking Group  
Intergroup Service Office  
4833 S. Sheridan, Bldg. 4845, Ste. 414
- 6:30 pm Wednesday Night Serenity**  
Fellowship Lutheran Church  
6727 S Sheridan
- 7:00 pm Tulsa Twelve and Twelve**  
See "Online Meeting" tab on website  
7:-8:30pm (SS, D, T, CM)
- 7:30 pm Traditions**  
Tulsa Anonymity Clubhouse  
8749 S. Lewis, South Door  
Open Speaker/Birthday 3rd Wed.  
(SS, D, T)
- 7:30 pm Going to Any Lengths Al-Anon**  
Sheridan 21 Center  
6540 E.21st St., Suite F  
(Just S. of Direct TV in  
Sheridan 21 Center) (CM)

**Thursday**

- 12:00 pm DOWNTOWN AI-ANON**  
700 S. Boston, Room 308  
Bernsen Community Center  
1st Presbyterian Church  
12:00-1:00p (OM)
- 12:00 pm Unity Group**  
Tulsa Anonymity Clubhouse  
8749 S. Lewis, South Door  
(D, CM, \*AA)
- 1:00 pm Thursday Daytime**  
Church of the Madalene  
3188 E. 22nd St (enter from 22nd &  
Harvard)  
Tradition Last Thursday  
1:00 p, (SS) 1:30-2:30p (D, OM)
- 7:00 pm The Recovery Al-Anon Family Group**  
Please call 918-232-4996 for  
information.  
(SS, D, CM)
- 7:30 pm, 3rd Thursday Only**  
**Going to Any Lengths Al-Anon**  
Sheridan 21 Center  
6540 E.21st St., Suite F  
(Just S. of Direct TV in  
Sheridan 21 Center) (OS)

**Friday**

- 12:00 pm DOWNTOWN AI-ANON**  
Zoom ID: 353-848-9291  
No PW  
12:00-1:00pm (OM)

**Saturday**

- 8:30-10:45 am Changing in Al-Anon—HYBRID**  
St. Francis Hospital, 61st and Yale  
Heart Center Classroom B-Level AA  
(W. End, across from exercise room)  
**8:30am-9:45am—Step Study**  
See "Online Meeting" tab on website  
(SS, D, OM)
- 9:30 am Break Thru to Serenity-HYBRID**  
Memorial Dr. Methodist Church  
7903 E. 15th, NW corner 15th &  
Memorial. Park S. side-W. door  
Door locked-ring buzzer  
See "Online Meeting" tab on website  
(SS, BM, CM)
- 10:00 am Promises Women's Group**  
Not open yet due to Covid
- 10:00 am Solo por Hoy**  
Regency Park Church of the Nazarene  
8707 E. 51st St. South  
Spanish, babysitting. OM
- 4:00 pm Lambda Al-Anon**  
LGBTQ Friendly  
See "Online Meeting" tab on website
- 7:15 pm, 3rd Saturday Only**  
**Al-Anon Open Monthly  
Speaker Meeting**  
Church of the Madalene  
3188 E. 22nd St.  
(enter from 22nd and Harvard)

**Sunday**

- 11:00 am Sunday Serenity**  
See "Online Meeting" tab on website  
(OM)
- 6:45 pm SOS (Serenity on Sunday)**  
See "Online Meeting" tab on website  
(OM)



**AL-ANON/ALATEEN Meetings  
of Northeastern Oklahoma  
AFG Intergroup Service Office**  
4833 S Sheridan, Bldg 4845,  
Ste 414  
Tulsa, OK 74145  
(918)627-9114

SS Step Study  
S Speakers  
D—Discussion  
T—Traditions  
BM—Beginners Meeting  
CM—Closed Meeting  
OM—Open Meeting  
OS—Open Speaker  
\*AA—AA Mtg available

www.tulsaiso.org  
Email: office@tulsaiso.org  
Updated 7/11/2021

**MEETINGS OUTSIDE OF TULSA**—Please

call the office, 918-627-9114, to confirm the meeting info is current before you go.

**BARTLESVILLE**

7:00 pm **Wednesday, 12 & 12**  
325 S. Osage  
Speaker last Wednesday of each month

**BROKEN ARROW**

7:00 pm **Tuesday, Action—HYBRID**  
St. Anne's Church  
St. Francis Room  
301 S. Ninth, BA  
See "Online Meetings" tab on website (OM)

7:30 pm **Monday, 7:30-8:30pm** (SS, OM, \*AA)  
**Thursday, 7:30-8:30pm** (D,OM, \*AA)  
**Saturday, 10:00-11:00am** (D,OM, \*AA)  
**Wisdom—HYBRID**  
St. Patrick's Episcopal Church  
4250 W. Houston St  
See "Online Meetings" tab on website

7:30—8:45 pm  
**Monday & Thursday** (CM)  
**Another Way AFG**  
4407 S. Olive (129th)  
Speaker/Eating Meeting at 6:45 every last Monday of the Calendar Quarter

**CLAREMORE**

8:00 pm **Mon & Friday, Claremore AFG**  
**Wednesday, 12:00 pm**  
(Wed Meeting enter thru W. Door)  
First Christian Church  
200 E. 5th  
18 & over only (OM, \*AA on Mon & Fri)

6:00 pm **Monday, Claremore Alateen**  
First Christian Church  
200 E. 5th, (W. Door)

**COLLIINSVILLE**

7:00 pm **Tuesday and Thursday**  
Church of the Nazarene  
1118 W. Broadway  
Speaker-5th Tuesday of the month (OM)

**COWETA**

7:30 pm **Monday, Coweta Courage**  
Our Finest Hour Church  
11045 OK-51-Broken Arrow  
(has Broken Arrow address but meeting is in Coweta right on Highway)  
(OM)

**DEWEY**

1:00 pm **Monday (1:00-2:30 pm)**  
Tyler Memorial Library  
821 N. Shawnee  
(SS,T,D,CM)

**GROVE**

7:00 pm **Wednesday, Grove AFG**  
St. Andrews Episcopal Church  
555 E. 3rd (OM)

**HASKELL**

7:00 pm **?Tuesday, Haskell Landmark**  
Landmark Bible Church  
221 S. Broadway  
(OM)

**LANGLEY**

**Not Meeting**  
Call 918-277-1197 if interested in starting one.

**MANNFORD**

7:30 pm **Monday, Mannford AFG**  
Mannford Christian Fellowship  
402 Dogwood Ct (OM)

**MUSKOGEE**

7:30 pm **Monday, Muskogee AFG**  
Grace Episcopal  
218 N. 6th (W. door to Parish Hall)  
(OM)  
12:00pm **Tuesday,**  
**St. Paul** (NW Entrance)  
2130 W. Okmulgee Ave.  
(OM)

**OWASSO**

8:00 pm **Monday, Owasso AFG**  
**St. Henry Catholic Church**  
**8500 N Owasso Expwy**  
See "Online Meeting" tab on website  
(SS, T, OM)

**PAWHUSKA**

7:30 pm **?Monday, Serenity Seekers**  
Church of Christ  
225 E. 7th Street  
(OM)

**SAND SPRINGS**

10:00 am **Monday, New Hope**  
1st United Methodist  
4th & Main  
(SS,D, CM, \*AA)—No Break  
7-8:30 pm **Monday, Tanglewood**  
1st Presbyterian  
222 Adams Rd  
7:00 pm (SS, T, BC, CM, \*AA)  
8:00 pm (S, D, CM)  
Speaker 4th Monday  
7-8:00pm **Wednesday, Oasis AFG**  
Saint Patrick Church  
204 E. 4th Street

**SAPULPA**

7:30 pm **Monday, Serenity**  
201 S. Oak  
Open Speaker Meeting 4th Monday  
(D, CM, OS, \* AA @ 8:00 pm)  
(CM)

**VINITA**

6:00 pm **?Monday, Vinita AFG**  
Holy Ghost Catholic Church  
120 W. Sequoyah  
Fellowship Hall

SS Step Study  
S Speakers  
D—Discussion  
T—Traditions  
BM—Beginners Meeting  
CM—Closed Meeting  
OM—Open Meeting  
OS—Open Speaker  
\*AA—AA Mtg available



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