

Al-Anon meetings are open to anyone affected by someone else's drinking.

## TULSA MEETINGS

### Monday

- 9:30 am **BRIARWOOD**  
Southminster Presbyterian  
3500 S. Peoria 2nd floor  
Enter S. Door, E. Door for Elevator  
9:30a (SS, T, BC)  
10:30-11:30a (D)
- 12:00 pm **DOWNTOWN AI-ANON**  
700 S. Boston, Room 308  
Bernsen Community Center  
1st Presbyterian Church  
12:00-1:00p (OM)  
Valor para Cambiar  
Regency Park Church of Nazarene  
8707 E. 51st
- 6:30 pm **Midtown AFG**  
Unanimity Club  
8749 S. Lewis  
Speaker 4th Monday, S. Entrance  
7:30-8:30p (OM)
- 7:30 pm **Sooner**  
Fellowship Congregational Church  
2900 S. Harvard  
(\*AA)
- 7:30 pm **Going to Any Lengths-Al-Anon**  
Sheridan 21 Center  
6540 E.21st St., Suite F

### Tuesday

- 12:00 pm **DOWNTOWN AI-ANON**  
700 S. Boston, Room 308  
Bernsen Community Center  
1st Presbyterian Church  
12:00-1:00p (OM)
- 7:30 pm **Desire AFG**  
Life Park Christian Church  
5900 S. Union-Tulsa  
(\*AA)
- 7:30 pm **New Hope**  
St. Dunstan's Episcopal  
5636E. 71st  
Speaker 5th Tuesday  
(SS, D, T, \*AA)
- 7:00 pm **Original Westside**  
Southern Hills Methodist Church  
6160 S. Lewis Ave  
Speaker Last Tuesday  
(SS, D, OM, \*AA)
- 7:30 pm **Paths to Recovery**  
Church of Christ  
2901 S. Yale  
Babysitting Available-\$2.00 per child  
Open Speaker Meeting Last Tuesday  
(\*AA)

### Wednesday

- 10:00 am **Wed. Daytime Step Study**  
Hope Unitarian Church  
8432 S. Sheridan  
(Log Cabin)  
10-11:30am (SS, D, T)

### Wednesday

- 12 pm **DOWNTOWN AI-ANON**  
700 S. Boston, Room 308  
Bernsen Community Center  
1st Presbyterian Church  
12:00-1:00pm (OM)
- 12 pm **Faith-AFG**  
Intergroup Service Office  
Fountain Plaza (S. Bldg, N. Side)  
4867 S. Sheridan, Suite 705  
(CM)
- 6:30 pm **Wed. Night Serenity**  
Fellowship Lutheran  
6727 S. Sheridan
- 6:30 pm **Esperanza Para Hoy**  
Spanish Speaking Group  
4867 S. Sheridan, Suite 705  
Fountain Plaza (S. Bldg, N. Side)  
6:30-8:30pm (OM)
- 7:00 pm **Twelve and Twelve**  
Aldersgate United Methodist Church  
3702 S. 90th E. Ave  
7:-8:30pm (SS, D, T, CM)
- 7:30 pm **Traditions**  
Unanimity Club  
8749 S. Lewis, S. Door  
Open Speaker/Birthday 3rd Wed.  
7:30-9:00pm (SS, D, T, BC)
- 7:30 pm **Going to Any Lengths-Al-Anon**  
Sheridan 21 Center  
6540 E.21st St., Suite F  
Babysitting Available  
(Just S. of Direct TV in  
Sheridan 21 Center) (CM)

### Thursday

- 12:00 pm **DOWNTOWN AI-ANON**  
700 S. Boston, Room 308  
Bernsen Community Center  
1st Presbyterian Church  
12:00-1:00p (OM)
- 12:00 pm **Unity Group**  
Unanimity Club  
8749 S. Lewis South Door  
(D, CM, \*AA)
- 1:00 pm **Thursday Daytime**  
Church of the Madelene  
3188 E. 22nd St. (enter from 22nd  
and Harvard)  
Tradition Last Thursday  
1:00 p, (SS) 1:30-2:30p (D, OM)
- 7:00 pm **Recovery Alateen**  
Yale Ave Christian  
3616 S. Yale  
(CM)
- 7:00 pm **The Recovery Al-Anon Family Group**  
Yale Ave Christian  
3616 S. Yale  
(SS, D, CM)
- 7:30 pm **Going to Any Lengths-Al-Anon**  
Sheridan 21 Center  
6540 E.21st St., Suite F  
Babysitting Available  
(Just S. of Direct TV in  
Sheridan 21 Center) (CM)  
3rd Thursday Speaker Meeting

### Friday

- 12:00 pm **DOWNTOWN AI-ANON**  
700 S. Boston, Room 308  
Bernsen Community Center  
1st Presbyterian Church  
12:00-1:00pm (OM)
- 7:30 pm **Beginning**  
Garrett Rd. Baptist Church  
620 S. Garnett  
N. Entrance  
Last Friday Speaker Meeting  
(SS, BC, OM)

### Saturday

- 8:30-9:45 **Changing in Al-Anon**  
St. Francis Hospital  
61st and Yale  
Heart Center Classroom B-Level AA  
(W. End, across from exercise room)  
**8:30am-9:45am**-Step Study  
**10-10:45am** Discussion  
(SS, D, OM)
- 9:30 am **Break Thru to Serenity**  
Memorial Dr. Methodist Church  
7903 E. 15th, NW corner 15th and  
Memorial  
Park S. side-W. door  
Door locked-ring buzzer  
(SS, BM, CM)
- 10:00 am **Promises Women's Group**  
St. John's Episcopal Church  
4200 S Atlanta Pl.  
Downstairs, Room 8
- 10:00 am **Solo por Hoy**  
Regency Park Church the Nazarene  
8707 E. 51st St. South  
Spanish, babysitting. OM
- 4:00 pm **Lamda Al-Anon**  
LGBTQ Friendly  
3305 S. Jamestown  
**Al-Anon Open Speaker**  
**Monthly Meeting**  
3188 E. 22nd St.

### Sunday

- 11:00 am **Sunday Serenity**  
Unity Church  
3355 S. Jamestown  
(OM)
- 6:45 pm **SOS (Serenity on Sunday)**  
AFG Intergroup Service Office  
4867 S. Sheridan, Suite 705  
(om)



**March 2020.6**  
**AL-ANON/ALATEEN Meetings**  
**of Northeastern Oklahoma**

**AFG Intergroup Service Office**  
4867 S Sheridan, Suite 705  
Tulsa, OK 74145  
(918)627-9114

[www.tulsaiso.org](http://www.tulsaiso.org)

SS Step Study  
S Speakers  
D—Discussion  
T—Traditions  
BC—Beginners Class  
BM—Beginners Meeting  
CM—Closed Meeting  
OM—Open Meeting  
OS—Open Speaker  
\*AA—AA Meeting availa-

Al-Anon meetings are open to anyone affected by someone else's drinking.

## MEETINGS OUTSIDE OF TULSA

**Afton**  
**7:00 pm** **Thursday, Monkey Island Al-Anon Group**  
 Lake Center Baptist Church  
 29020 OK-125, Room 139  
 Afton, OK (Monkey Island Area)  
 (CM)

**Bartlesville**  
**7:00 pm** **Wednesday, 12 & 12**  
 325 S. Osage  
 Speaker last Wednesday of each month

**Bristow**  
**7:00 pm** **Thursday, Into Action Al-Anon**  
 7th & Chesnut  
 Community Center Activity Bldg.  
 of Methodist Church  
 Tuesday & Thursday, Same Location (\*AA)

**Broken Arrow**  
**7:00 pm** **Tuesday, Action**  
 First United Methodist  
 112 E. College  
 (1st & College, Enter through the S.E. Door)  
 (OM)

**7:30 pm** **Wisdom**  
 St. Patrick's Episcopal Church  
 4250 W. Houston St  
**Monday, 7:30-9:30pm** (SS, OM, \*AA)  
**Thursday, 7:30-8:30pm** (D,OM)  
**Saturday, 10:00-11:00am** (D,OM)

**7:30 pm** **Another Way AFG**  
 4407 S. Olive (129th)  
 Monday & Thursday (CM)

**Claremore**  
**8:00 pm** **Mon & Friday, Claremore AFG**  
**Wednesday, 12:00 pm**  
 (Wed Meeting enter thru W. Door)  
 First Christian Church  
 200 E. 5th  
 18 & over only (OM, \*AA on Mon)

**6:00 pm** **Monday, Claremore Alateen**  
 First Christian Church  
 200 E. 5th, (W. Door)

**Collinsville**  
**7:00 pm** **Tues & Thurs, Collinsville**  
 Nazarene Church  
 1118 W. Broadway  
 Speaker-5th Tuesday of the month  
 (OM, \*AA on Tues)

**Coweta**  
**7:30 pm** **Monday, Coweta Courage at Our Finest Hour Church**  
 11045 OK-51-Broken Arrow  
 (has Broken Arrow address but meeting is in Coweta right on Highway)  
 (OM)

**Dewey**  
**1:00 pm** **Monday (1:00-2:30 pm)**  
 Tyler Memorial Library  
 821 N. Shawnee  
 (SS,T,D,CM)

**Grove**  
**7:00 pm** **Wednesday, Grove AFG**  
 St. Andrews Meeting Episcopal Church  
 555 E. 3rd  
 Speaker Meeting 5th Wednesday (OM)

**Gore**  
**12:00** **Monday, Gore AFG**  
 New Beginning Church  
 Hwy 10-A & 54400 Road  
 OM

**Haskell**  
**7:00 pm** **Tuesday, Haskell Landmark**  
 Landmark Bible Church  
 221 S. Broadway  
 (OM)

**Langley**  
**Noon** **Tuesday, Pathfinder Al-Anon**  
 First Christian Church  
 220 W Cherokee  
 (OM)

**7:00pm** **Thursday**  
 First Christian Church  
 220 W Cherokee  
 (OM)

**Mannford**  
**7:30 pm** **Monday, Mannford AFG**  
 402 Dogwood Ct.  
 Mannford Christian Fellowship  
 (OM)

**Muskogee**  
**7:30 pm** **Monday, Muskogee AFG**  
 Grace Episcopal  
 218 N. 6th (W. door to Parish Hall)  
 (OM)

**12:00** **Tuesday,**  
 St. Paul (NW Entrance)  
 2130 W. Okmulgee Ave.  
 (OM)

**Owasso**  
**8:00 pm** **Monday, Owasso AFG**  
 St Henry's Catholic Church  
 N. Owasso Expressway  
 86th St. N. & Hwy 169 Service Rd  
 (SS, T, OM)

**8:00 pm** **Friday, Choices AFG**  
 9902 N. 161st East Ave  
 The Loft, West Side of the Street  
 The North building

**Pawhuska**  
**7:30 pm** **Monday, Serenity Seekers**  
 Church of Christ  
 225 E. 7th  
 (OM)

)

**Sand Springs**  
**10:00 am** **Monday, New Hope**  
 1st United Methodist  
 4th & Main  
 (SS,D, CM, \*AA)—No Break

**7-8:30 pm** **Monday, Tanglewood**  
 1st Presbyterian  
 222 Adams Rd  
 7:00 pm (SS, T, BC, CM, \*AA)  
 8:00 pm (S, D, CM)  
 Speaker 4th Monday  
 Wednesday, **Oasis AFG**  
 Saint Patrick Church  
 204 E. 4th Street

**7-8:00pm**

**Sapulpa**  
**7:30 pm** **Monday, Serenity**  
 201 S. Oak  
 Open Speaker Meeting 4th Monday  
 (D, CM, OS, \* AA @ 8:00 pm)  
 (CM)

**1:00pm** **Thursday afternoon, Book Study**  
 201 S. Oak

**Vinita**  
**6:00 pm** **Monday, Vinita AFG**  
 Holy Ghost Catholic Church  
 120 W. Sequoyah  
 Fellowship Hall



**March 2020.6**  
**AL-ANON/ALATEEN**  
**Meetings of Northeast-**  
**ern Oklahoma**

**AFG Intergroup Service**  
**Office**

**4867 S Sheridan, Suite**  
**705**

**Tulsa, OK 74145**  
**(918)627-9114**

**www.tulsaiso.org**

**Email:**

SS Step Study  
 S Speakers  
 D—Discussion  
 T—Traditions  
 BC—Beginners Class  
 BM—Beginners  
 Meeting  
 CM—Closed Meeting  
 OM—Open Meeting  
 OS—Open Speaker  
 \*AA—AA Meeting  
 available