

Al-Anon meetings are open to anyone affected by someone else's drinking.

TULSA MEETINGS

Monday
 9:30 am **BRIARWOOD**
 Southminster Presbyterian
 3500 S. Peoria 2nd floor
 Enter S. Door, E. Door for Elevator
 9:30a (SS, T, BC)
 10:30-11:30a (D)
 12:00 pm **DOWNTOWN AI-ANON**
 700 S. Boston, Room 308
 Bernsen Community Center
 1st Presbyterian Church
 12:00-1:00p (OM)
 7:30 pm **Midtown AFG**
 Unanimity Club
 8749 S. Lewis
 Speaker 4th Monday, S. Entrance
 7:30-8:30p (OM)
 7:30 pm **Sooner**
 Fellowship Congregational Church
 2900 S. Harvard
 (*AA)
 7:30 pm **Going to Any Lengths-AI-Anon**
 Sheridan 21 Center
 6540 E. 21st St., Suite F
 Babysitting Available
 (Just S. of Direct TV in
 Sheridan 21 Center) (CM)
 7:15 pm **Cornerstone AFG**
 All Souls Unitarian
 2952 S. Peoria
 Henry David Thoreau Room
 (SS, D, OM)

Tuesday
 12:00 pm **DOWNTOWN AI-ANON**
 700 S. Boston, Room 308
 Bernsen Community Center
 1st Presbyterian Church
 12:00-1:00p (OM)
 7:30 pm **Desire AFG**
 Life Park Christian Church
 5900 S. Union-Tulsa
 (*AA)
 7:30 pm **New Hope**
 St. Dunstan's Episcopal
 5636E. 71st
 Speaker 5th Tuesday
 (SS, D, T, *AA)
 7:00 pm **Original Westside**
 Southern Hills Methodist Church
 6160 S. Lewis Ave
 Speaker Last Tuesday
 (SS, D, OM, *AA)
 7:30 pm **Paths to Recovery**
 Church of Christ
 747 S. Memorial Dr.
 Babysitting Available-\$2.00 per child
 Open Speaker Meeting Last Tuesday
 (*AA)
 7:30 pm **Freedom Alateen**
 Church of Christ
 747 S. Memorial Dr.
 (CM)

Wednesday
 10:00 am **Wed. Daytime Step Study**
 Hope Unitarian Church
 8432 S. Sheridan
 (Log Cabin)
 10-11:30am (SS, D, T)

Wednesday
 12 pm **DOWNTOWN AI-ANON**
 700 S. Boston, Room 308
 Bernsen Community Center
 1st Presbyterian Church
 12:00-1:00pm (OM)
 12 pm **Faith-AFG**
 Intergroup Service Office
 Fountain Plaza (S. Bldg, N. Side)
 4867 S. Sheridan, Suite 705
 (CM)
 6:30 pm **Wed. Night Serenity**
 Fellowship Lutheran
 6727 S. Sheridan
 6:30 pm **Esperanza Para Hoy**
 Spanish Speaking Group
 4867 S. Sheridan, Suite 705
 Fountain Plaza (S. Bldg, N. Side)
 6:30-8:30pm (OM)
 7:00 pm **Twelve and Twelve**
 Aldersgate United Methodist Church
 3702 S. 90th E. Ave
 7:-8:30pm (SS, D, T, CM)
 7:00 pm **Oasis AI-Anon**
 TCC W. Campus
 7505 W. 41st St.
 Administration Bldg, Room 208
 7:30 p **Traditions**
 Unanimity Club
 8749 S. Lewis, S. Door
 Open Speaker/Birthday 3rd Wed.
 7:30-9:00pm (SS, D, T, BC)
 7:30 pm **Going to Any Lengths-AI-Anon**
 Sheridan 21 Center
 6540 E. 21st St., Suite F
 Babysitting Available
 (Just S. of Direct TV in
 Sheridan 21 Center) (CM)

Thursday
 12:00 pm **DOWNTOWN AI-ANON**
 700 S. Boston, Room 308
 Bernsen Community Center
 1st Presbyterian Church
 12:00-1:00p (OM)
 12:00 pm **Unity Group**
 Unanimity Club
 8749 S. Lewis South Door
 (D, CM, *AA)
 1:00 pm **Thursday Daytime**
 Church of the Madalene
 3188 E. 22nd St. (enter from 22nd
 and Harvard)
 Tradition Last Thursday
 1:00 p, (SS) 1:30-2:30p (D, OM)
 7:00 pm **Recovery Alateen**
 Yale Ave Christian
 3616 S. Yale
 (CM)
 7:00 pm **The Recovery AI-Anon Family Group**
 Yale Ave Christian
 3616 S. Yale
 (SS, D, CM)
 7:30 pm **Going to Any Lengths-AI-Anon**
 Sheridan 21 Center
 6540 E. 21st St., Suite F
 Babysitting Available
 (Just S. of Direct TV in
 Sheridan 21 Center) (CM)
 3rd Thursday Speaker Meeting
 7:30 pm **Living in the Solution AFG**
 Southern Hills Baptist Church
 5590 S. Lewis, Room 201
 Babysitting/Closed Meeting
 No meeting on the last Thursday
 of every month.

Friday
 10:00am Tulsa Group Al-Anon
 3010 E. King Street
 (SS, D, T, OM)
 12:00 pm **DOWNTOWN AI-ANON**
 700 S. Boston, Room 308
 Bernsen Community Center
 1st Presbyterian Church
 12:00-1:00pm (OM)
 7:30 pm **Beginning**
 Garrett Rd. Baptist Church
 620 S. Garnett
 N. Entrance
Saturday
 8:30 am **Changing in AI-Anon**
 St. Francis Hospital
 61st and Yale
 Heart Center Classroom B-Level AA
 (W. End, across from exercise room)
 8:30am Step Study
 9:30 am Discussion
 (SS, D, OM)
 9:30 am **Break Thru to Serenity**
 Memorial Dr. Methodist Church
 7903 E. 15th, NW corner 15th and
 Memorial
 Park S. side-W. door
 Door locked-ring buzzer
 (SS, BM, CM)
 10:00 am **Promises Women's Group**
 St. John's Episcopal Church
 4200 S Atlanta Pl.
 Downstairs, Room 8
 7:15 pm **AI-Anon Open Speaker**
Monthly Meeting
 3188 E. 22nd St.
 (enter from 22nd and Harvard)
 3rd Saturday of each Month only
 7:15p Fellowship 7:45p Speaker

Sunday
 11:00 am **Sunday Serenity**
 Unity Church
 3355 S. Jamestown
 (OM)
 6:45 pm **SOS (Serenity on Sunday)**
 AFG Intergroup Service Office
 4867 S. Sheridan, Suite 705
 Door Locked-please knock LOUDLY
 (OM)



March
 2019
AL-ANON/ALATEEN Meetings
of Northeastern Oklahoma

AFG Intergroup Service Office
 4867 S Sheridan, Suite 705
 Tulsa, OK 74145
 (918)627-9114

SS—Step Study
 S—Speakers
 D—Discussion
 T—Traditions
 BC—Beginners Class
 BM—Beginners Meeting
 CM—Closed Meeting
 OM—Open Meeting
 OS—Open Speaker
 *AA—AA Meeting availa-

www.tulsaiso.org